

Coronavirus Health Self Assessment

Prior to coming to participating in a Troop event, Scouts must turn in a parent-signed self assessment.

Due to the severity and highly infectious nature of COVID-19, we will utilize this assessment for all face-to-face activities.

This self-assessment tool is not meant to take the place of talking with your health care professional or to diagnose or treat conditions.

If you are in an emergency medical situation, call 911 or your local emergency number.

This assessment is based on guidance provided by the Centers for Disease Control and Prevention (CDC) and the Mayo Clinic.

EXPOSURE	SYMPTOMS
<p>Have you been within six feet of a person with a lab-confirmed or suspected case of COVID-19 in the past 14 days?</p> <p><input type="checkbox"/> YES <input type="checkbox"/> NO</p>	<p>Do you or anyone in your household have any of these symptoms that are different from your normal baseline and with symptoms that are not mild or infrequent?</p> <p><input type="checkbox"/> Fever</p> <p><input type="checkbox"/> Muscle aches</p> <p><input type="checkbox"/> Sore throat</p> <p><input type="checkbox"/> New cough</p> <p><input type="checkbox"/> Headache</p> <p><input type="checkbox"/> Sneezing/runny nose</p> <p><input type="checkbox"/> Loss of taste or smell</p> <p><input type="checkbox"/> Shortness of breath or difficulty breathing</p> <p><input type="checkbox"/> Diarrhea</p> <p><input type="checkbox"/> Chills</p>
<p>Have you been told to isolate or quarantine by local health officials or a physician?</p> <p><input type="checkbox"/> YES <input type="checkbox"/> NO</p>	
<p>If you answered "YES" to either of the above questions,</p> <p>DO NOT COME TO A TROOP EVENT.</p>	<p>If you or anyone in your household have any of these symptoms</p> <p>DO NOT COME TO A TROOP EVENT.</p> <p>Speak to your health care professional and stay home until at least 10 days after symptoms began and 72 hours after you are free of fever and symptoms of respiratory infection (not allergies or asthma) without the use of fever-reducing medications.</p>

This applies regardless of whether you have been tested for COVID-19 or carry antibodies.

If there are Family members who are sick but have received a diagnosis other than COVID-19, that diagnosis need not necessarily exclude the Scout from Troop activities. Please discuss the situation with a Troop leader.

If your Scout falls ill within 2 weeks of a Troop activity, immediately contact the troop at Scoutmaster@girls.troop890.org (girls) or Scoutmaster@boys.troop890.org (boys).



We recognize that no group activity is completely free from the risk of needing to quarantine or of actual infection, and some families are not able to justify any such risk. Troop 890 will continue to support you and your family whether or not your Scout is able to participate.

I have read and agree to abide by all Troop COVID procedures, and I understand that failure to abide by these rules may result in my or my Scout being sent home early.

Scout's Name: _____

Parent's Signature: _____	Date: _____
Cell Phone: _____	